

Intelligent Health, LLC

NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW YOUR MEDICAL INFORMATION MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Effective Date: May 18, 2026

Your Information, Your Rights, Our Responsibilities. When it comes to your health information, Intelligent Health, LLC is dedicated to maintaining your protected health information (PHI). We are required by law to maintain the privacy of your PHI. You have the right to know how we may use and disclose your PHI as well as your rights and our obligations with respect to that information. This Notice of Privacy Practices (NPP) explains your rights and our duties, obligations, and responsibilities. Please review it carefully.

1. Permitted Uses and Disclosures. The Health Insurance Portability and Accountability Act of 1996 (HIPAA) requires us to safeguard your PHI, which includes any information that could reasonably identify you, including data about health conditions, the coaching services provided, and payment for those services. Under HIPAA we may use and disclose your PHI without your authorization for the following reasons:

1.1 Treatment. To coordinate care, we may disclose your PHI to physicians, psychiatrists, psychologists and other licensed health care providers who are involved with your healthcare and the information is necessary for their care and treatment of you.

1.2 Healthcare Business Operations. For efficient business operations, we may disclose your PHI for things like quality improvement, compliance, audits, training, and bookkeeping. For example, to evaluate our performance or to ensure we are in compliance with applicable laws, for appointment reminders, and health related benefits or services.

1.3 Business Associates. We may disclose your PHI to our business associates who perform services on our behalf, such as billing, transcription, auditing, or legal services. These business associates are required by law and by a contract (Business Associate Agreement) to safeguard your information and use it only for the purposes we authorize.

1.4 Payments. We may use or disclose you PHI to bill and collect payment for the coaching services that we provide.

2. Other Uses or Disclosures Permitted or Required by Law. There may be other instances that we are permitted or required to by law to disclose your PHI. We may disclose PHI in the following circumstances, and as required by law:

2.1 To Avert a Serious Threat to Health or Safety. We may be permitted to disclose your PHI to prevent or reduce a serious threat to anyone's health or safety.

2.2 Reporting Abuse, Neglect, or Domestic Violence. We may disclose your PHI in order to report suspected abuse, neglect, or domestic violence as mandated by law.

2.3 Public Health Activities. We may be required to disclose your PHI for certain situations such as to prevent and control disease or preventing or reducing serious threat to anyone's health or safety.

2.4 Judicial and Administrative Proceedings. We may be required to share your PHI in response to a court or administrative order, or in response to a subpoena if required by state or federal law.

2.5 Law Enforcement. We may be required to disclose your PHI for law enforcement purposes as it is required by state and federal law.

2.6 Health Oversight. Disclosure may be made when required or permitted to a health oversight agency for oversight activities authorized by law.

2.7 Coroners, medical examiners, and funeral directors. We may be required to share your health information with a coroner, medical examiner, or funeral director.

2.8 Respond to Organ and Tissue Donation Requests. We may be required to share your health information about you with organ procurement organizations.

2.9 To Do Research. Under specific conditions, we may be permitted to disclose your PHI for health research.

2.10 Specialized Government Functions. We may be permitted or required to disclose your PHI for special government functions such as military, national security, and presidential protective services.

2.11 Workers' Compensation. We may be required or permitted to disclose your PHI for Workers' Compensation claims.

3. Uses and Disclosure Requiring Your Authorization. Other uses or disclosures not described in herein will be made only with your written authorization. That authorization may be revoked at any time by sending written notice to our privacy officer at the address or email address listed below.

3.1 Disclosures to family, friends, or others. We may provide your PHI to a family member, friend or other individual with your authorization. You may revoke that authorization at any time. If you cannot provide authorization due to incapacity or another valid reason, we may go ahead and share your PHI if we believe it is in your best interest or if we need to lessen a serious or imminent threat to health or safety.

3.2 Marketing Situations or Sale of Your Information. Regarding marketing purposes or for the purpose of selling your PHI, we will never share your PHI unless you give us written permission.

4. Summary of Your Rights. When it comes to your PHI, you have certain rights. This section explains your rights and some of our responsibilities to help you.

4.1 Revocation of Written Authorization. You have the right to revoke any authorization that you have provided. You must provide written notice of this revocation to the address or email address below.

4.2 Right to Access and Obtain a Copy. You have the right to inspect and obtain a copy of your PHI that we maintain in a designated record set, which generally includes medical and billing records used to make decisions about your care. You may also request that we provide a copy of your information in electronic form or direct that a copy be sent to another person or entity of your choosing. We will provide access or copies within 30 days of your request, or notify you in writing if we need up to an additional 30 days to respond. We may charge a reasonable, cost-based fee for copying, mailing, or preparing electronic media as permitted by law. In certain limited situations, such as when access could endanger your safety or the safety of another

person, we may deny your request. If access is denied, you will receive a written explanation and, in most cases, you may request a review of the denial by another licensed healthcare professional who was not involved in the original decision. Even if you agree to receive this Notice of Privacy Practices electronically, you have the right to receive a paper copy upon request.

4.3 Right to Request Amendments. If you believe there is incorrect or inaccurate information in your records or other health information we have about you, you have the right to request that we correct information or add missing information. Your request for this amendment must be made in writing, and we must respond within 60 days. If we accept your requested amendment, in whole or in part, we will notify you in writing and we will make the appropriate amendment. We will make reasonable efforts to inform and provide the amendment to persons who have received the PHI. We may deny your request, but we will tell you why in writing within 60 days. Our denial will explain the reasons for the denial and your right to file a written objection. If you do not file a statement, we will notify you of your right to request that your requested amendment is submitted with any future disclosures. It will also include a description of how you may submit a complaint to us.

4.4 Right to an Accounting of Disclosures. You have the right to request an accounting of certain disclosures of your PHI that we have made during the six years prior to the date of your request. This accounting will include disclosures made by us or by our business associates, except for those related to treatment, payment, and healthcare operations, or other disclosures that federal law does not require us to track (such as those made with your written authorization, to you directly, for national security, or to correctional institutions). Your request must be in writing and specify the time period for which you want the accounting. We will provide the first accounting you request in any 12-month period at no charge; a reasonable cost-based fee may apply for additional requests with the same year. If a fee is applicable, we will notify you in advance so you may choose to modify or withdraw your request before incurring any costs.

4.5 Right to Request Restrictions on Use. You have the right to request restrictions on how we use or disclose your PHI for treatment, payment, or healthcare operations, or to persons involved in your care or payment of your care. While we are not required to agree to most requested restrictions, if we do agree, we will comply with your request except in situations where the information is needed to provide emergency treatment or as required by law. If your PHI is disclosed to a health care provider for emergency treatment, we must request that such healthcare provider not further use or disclose that information. In addition, if you pay out-of-pocket in full for a specific item or service, you have the right to request that we do not disclose information about that item or service to your health plan for payment or healthcare operations purposes, and we are required to honor that restriction unless the disclosure is otherwise required by law. All requests for restrictions must be in writing and clearly describe the information you want restricted, whether you want to limit use, disclosure, or both, and to whom the limitation applies.

4.6 Right to Request Confidential Communications. You have the right to request that we communicate with you about your health information in a certain way or at a specific location. For example, you may ask that we contact you only at your home address, by mail or at a different telephone number or email address. We will accommodate all reasonable requests, and we will not require you to explain the reason for your request. To exercise this right, you must submit your request in writing and clearly state how or where you wish to be contacted. We may require that your request include information about how payment will be handled, if applicable, and we may condition accommodation on receiving an appropriate alternative address or other method of contact.

4.7 Notice of Rights Concerning Part 2 Substance Use Records. Use or disclosure of Part 2 (substance use disorder records) generally requires your written consent. Part 2 records cannot be used or disclosed in civil, criminal, administrative, or legislative proceedings against you without your written consent or a court order and subpoena in accordance with 42 CFR Part 2. To the extent that we have your substance use disorder patient records, subject to 42 CFR Part 2, we will not share that information for investigations or legal proceedings against you without (1) your written consent or (2) a court order and subpoena.

5. Redisclosure of Protected Health Information. Information disclosed by us in accordance with this Notice of Privacy Practices may be subject to redisclosure by the recipient and may no longer be protected by the HIPAA rule.

6. Redisclosure of Substance Use Disorder Records. Substance use disorder treatment records that are subject to 42 C.F.R. Part 2 are protected by additional federal confidential requirements. When disclosed with your written consent for treatment, payment, health care operations, or other permitted purposes, such records may be redisclosed by the recipient in accordance with applicable federal and state law. However, federal law prohibits the use or disclosure of substance use disorder records in civil, criminal, administrative, or legislative proceedings against you without your specific written consent or a court order that complies with 42 C.F.R. Part 2.

7. Our Duties. We are required by law to maintain the privacy and security of your PHI. We are also required to provide you with this Notice of Privacy Practices explaining our legal duties and privacy practices, as well as your rights with respect to your health information. We must abide by the terms of this Notice of Privacy Practices currently in effect and notify you if a breach occurs that may have compromised the privacy and security of your information. We reserve the right to change our privacy practices and the terms of this Notice of Privacy Practices at any time, provided such changes are permitted by law. If we make a material change, the revised Notice of Privacy Practices will be made available upon request, posted in our office, and on our website if applicable.

8. Complaints. If you believe your privacy rights have been violated, you have the right to file a complaint with us or with the U.S. Department of Health and Human Services Office for Civil Rights (OCR) by sending a letter to 200 Independence Avenue, S.W., Washington, D.C. 20201, calling 1-877-696-6775. To file a complaint with us, please submit your concerns in writing to Melissa Campbell, APRN, Intelligent Health, LLC, at 8310 W. 151st Street, Overland Park, KS 66223 (913) 440-4794, campbell.aprn@gmail.com. We will not penalize or retaliate against you for filing a complaint.

Acknowledgement of Receipt:

Printed Name	Signature	Date
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OR I am the parent or legal guardian of the minor named above. I have the legal right to consent to and, by signing below, I consent to the terms and conditions of this Release.

Signature of parent or legal guardian, if under 18	Date
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Printed Name	Relationship to Individual
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